



News Release

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Annual Pros VS Joes Competition

Professional Athletes and Local Celebrities compete against Collège Sturgeon Heights Collegiate Students

Winnipeg Blue Bombers, CFL players, TSN 1290 Radio and University of Manitoba Bison football, volleyball and basketball players are taking on Collège Sturgeon Heights Collegiate Students in the school's 9th annual Pros VS Joes Competition next week. The competition runs from Monday, December 4 to Friday December 8, with events happening daily at 12:10 p.m. in the school gymnasium.

Students will bring either two hamper food items or a \$2 donation each day as entry to watch the events. All of the donations and proceeds will go towards a non-profit organization in Winnipeg called Project Echo. They are putting together deluxe Christmas hampers for 46 families who are in need this holiday season.

"This will be an exciting week-long event with our students (the "Joes") matching themselves against professional athletes (the "Pros") in a series of athletic feats, as well as some fun events," said Physical Education Teacher Deborah Einarson Woods.

Monday, Dec. 5: Powerball and The Gauntlet

Pros: Ottawa Redblacks Teague Sherman, Montreal Alouettes DJ Lalama and 10 Bison football players.

Tuesday, Dec. 6: Soccer & Volleyball

Pros: Ottawa Redblacks Teague Sherman, Saskatchewan Roughriders Nic Demski, Montreal Alouettes DJ Lalama, four Bison female volleyball players, WSA Winnipeg Soccer Raphael Ohin, and TSN 1290 The Big Show Host Troy Westwood.

Wednesday, Dec.7: Basketball

Pros: Saskatchewan Roughriders Kienan Lafrance Nic Demski and Jordan Reaves, Ottawa Redblacks Teague Sherman, Montreal Alouettes DJ Lalama and Bison Basketball player Justice Alleyn.

Thursday, Dec. 8: St. James School Division Rock Paper Scissor Ultimate Fighting Championship

Pros: Winnipeg Blue Bombers Mo Leggett and Thomas Miles, Saskatchewan Roughriders Kienan Lafrance and Jordan Reaves, Ottawa Redblacks Teague Sherman, Bison Hockey Nick Zajac, BC Lions Jordan Herdman and Buzz and Boomer.

Friday, Dec. 9: Lip Sync Battle

Pros: Winnipeg Blue Bombers Mo Leggett, Saskatchewan Roughriders Nic Demski, Kienan Lafrance and Jordan Reaves, Ottawa Redblacks Teague Sherman.

Please note that Anthony Coombs from the Toronto Argonauts is a Sturgeon Heights Grad who just won the Grey Cup last weekend. He will be at Pros VS Joes but the day(s) are TBA. Also coming but dates not confirmed at the time of this release are Winnipeg Blue Bomber Kevin Fogg and BC Lions Mike Benson.

Members of the media are welcome to attend these events. For further information please contact Deborah Einarson Woods at Collège Sturgeon Heights Collegiate, 204-888-0684 / dewoods@sjsd.net.